

12 Tips to Help Overcome Barriers

1

Look for common ground and work on those issues first.

2

Get to know each other and try to view things from the other party's perspective. Recognize that each team has a legitimate role to play.

3

Expect that there will be some backsliding and mistakes; cut each other some slack.

4

If there is a difficult history, it may be necessary to start small and take one issue at a time until you build trust.

5

Be willing to examine your own actions for fairness and emotional maturity (seek feedback from those willing to tell you the truth).

6

Recognize the external pressures that come to bear on the other team or individual. Be willing to help when you can.

7

Try not to assume that the other party's intentions are derived from your own fears.

8

Listen and be willing to learn.

9

Remember the solutions to issues may not always have exactly equal results for both parties, but may still be beneficial to both.

10

Try to get input from each other; give a "heads-up" on important issues (no surprises).

11

Remember: "Wisdom is the art of knowing what to overlook."

12

Trust the methods even if you can't trust each other.