Elective Course List by Competency Area

Choose 1 in-person course or 4 webinars from each competency area

Please remember to discuss your elective course selections with your supervisor or agency.

Please search our Skills for Success Catalog to determine if the course(s) you wish to take are being offered this semester.

Computer Skills and Technology



7.5 Hour In-Person Courses:

- Microsoft Excel Basics
- Microsoft Excel Intermediate
- Microsoft Word Intermediate

1 Hour Webinar Courses:

- Get More Done with Keyboard Shortcuts
- Internet Research Skills
- Microsoft Outlook: Managing Contacts and Tasks
- Microsoft Outlook: Organizing and Managing Your Email
- Microsoft Outlook: Working with Calendars
- Microsoft Teams

Interpersonal and Customer Relations



7.5 Hour In-Person Courses:

Building Better Work Relationships

1 Hour Webinar Courses:

- Addressing Conflict in Customer Service
- Better Team Skills
- Managing Emotions in Customer Service
- Influencing Without Authority
- Managing Stress in Customer Service
- Job Etiquette

Professionalism and Self-Management



7.5 Hour In-Person Courses:

- Thriving in the Changing Workplace
- Critical Thinking
- Effective Problem Solving
- Workplace Social Skills

1 Hour Webinar Courses:

- Introduction to Critical Thinking
- Organizing Your Workspace for Increased Productivity
- Problem Solving A Six Step Process
- Professionalism in the Digital Age
- Take Control of Your Time

Verbal and Written Communication



7.5 Hour In-Person Courses:

- Grammar and Punctuation Workshop
- Writing Effective Reports and Evaluations

1 Hour Webinar Courses:

- Avoiding Common Punctuation and Grammar Mistakes
- Communicating with Confidence
- Crafting Powerful Writing: Precision and Clarity
- Essentials of Report Writing
- Expanding Your Vocabulary
- The Foundations of Good Writing
- Professional Email that Gets Results

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